



# JOINT PRACTICE FRAME

## Cutting List

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The components for this frame can be made from whatever solid wood you wish. Poplar (Sometimes known as Tulipwood) is a great first option as it is cheap and easy to work. If you want more of a challenge, Oak and Ash are good options that are relatively abundant.

Component	Length	Width	Thickness	Quantity
Long Sides	450	44	24	2
Short Sides	300	44	24	2